



MORETONHAMPSTEAD CYCLE ROUTES

ROUTE NO:5 MOOR TO SEA

This route allows a visit to the seaside, where it can often be dry whilst it's raining on the Moor. Other routes to Dawlish can be very busy but following the valley through Ashcombe is usually very quiet, and it's flat. The 600ft Mamhead climb to the Haldon Ridge is a delight in the way it gradually ramps up. Take care on the descents to Ashcombe and Doddiscombsleigh. They can catch you out!

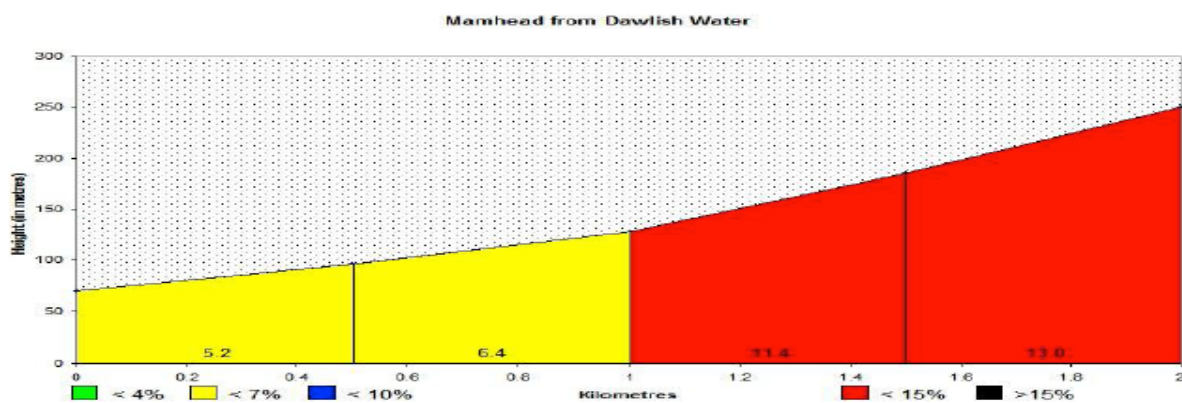
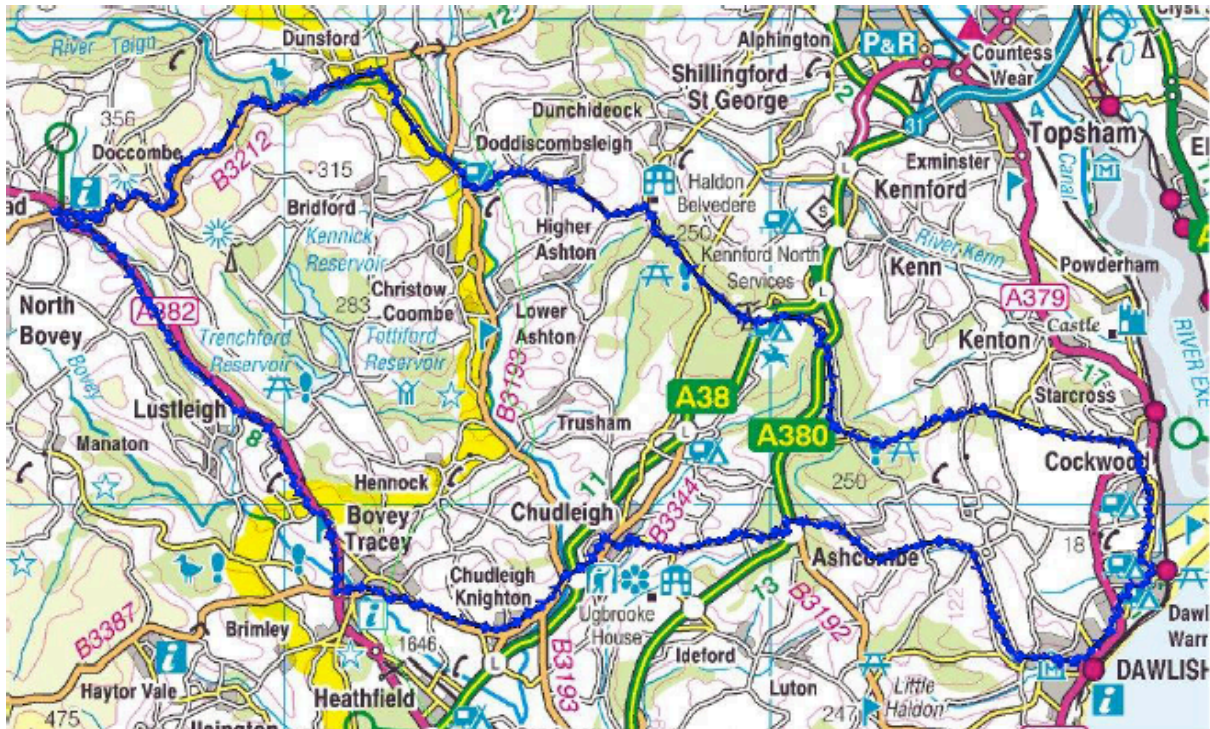
START & FINISH	Moretonhampstead SX753860
DISTANCE	41 miles
ASCENT	4,200 feet
ESTIMATED TIME	
At 12mph	3h 25m
At 14mph	2h 56m
At 16mph	2h 34m

DIRECTIONS	DISTANCE (m)
Leave the town on the A382 south towards Bovey Tracey and after 6.5 miles turn left, 1 st exit at the roundabout onto the B3344.	6.5
Follow this road through Chudleigh Knighton then cross the A38 and climb to Chudleigh. Take a right then a further right to climb past the cemetery. At the crossroads turn left.	11.5
Turn 2 nd right in 1 mile, then right and the T-junction. Take 3 rd exit at the roundabout shortly followed by a steep descent to Ashcombe. At the bottom of the hill turn right and follow the valley to Dawlish.	17.3
On entering Dawlish turn right, then immediately left. Throught the seafront, turn left onto the B379. In about a mile turn right signposted Dawlish Warren.	19
Follow the road to Cockwood and cross the A379, take 1 st left and climb to Mamhead summit.	25.2
Fork right and follow the Haldon Ridge over the A380, under the A38 to reach Haldon Belvedere in 5 miles. Turn left then right, dropping steeply into Doddiscombsleigh.	32
Continue to the Teign Valley Road, turn right and then left where it meets the B3212. Then up past Doccombe and back to Moreton.	41



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THERE ARE TWO CAR PARKS IN MORETONHAMPSTEAD TOGETHER WITH CAFES, PUBS AND PUBLIC TOILETS. IT'S A GREAT PLACE TO STAY AND ALSO THE STARTING POINT FOR A NUMBER OF CHALLENGING RIDES FOR YOU TO ENJOY!