



MORETONHAMPSTEAD CYCLE ROUTES

ROUTE NO:4 TEIGN VALLEY CIRCUIT

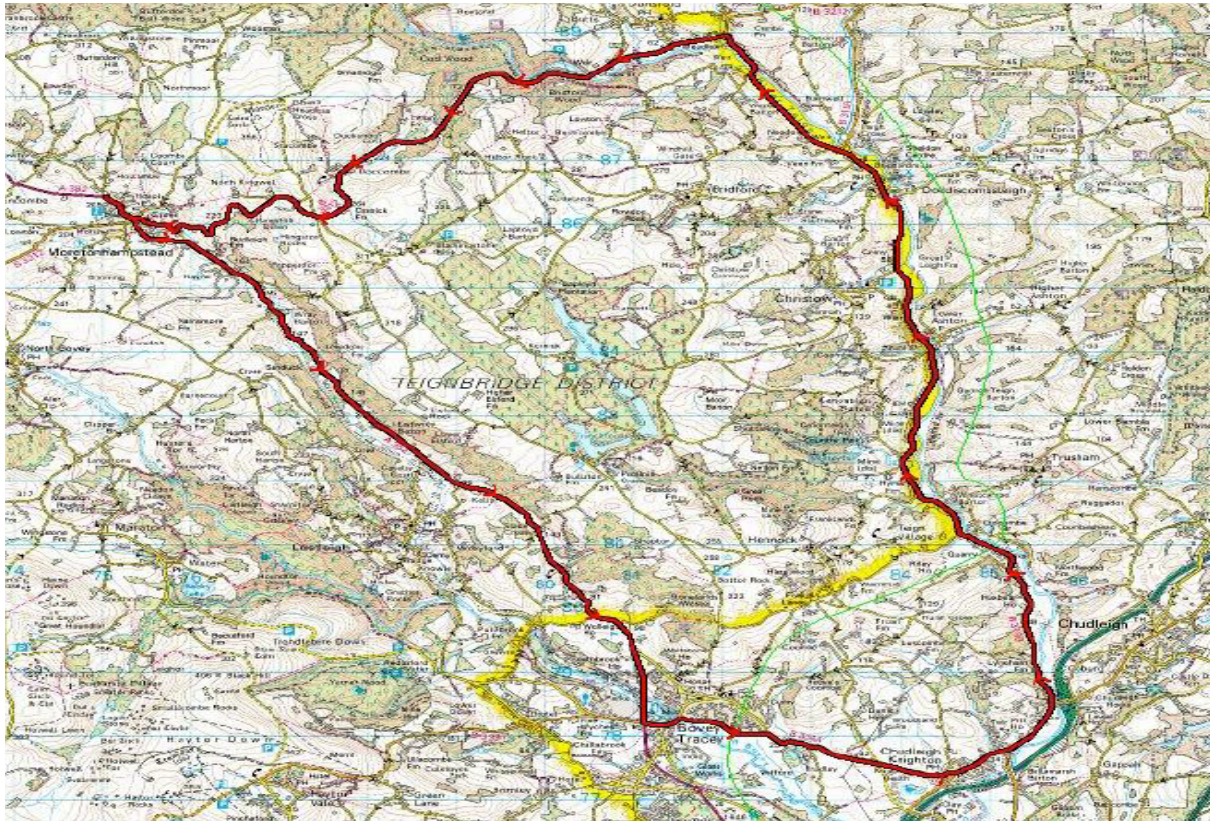
This circuit is a very popular local ride, taking in the magnificent climb from Steps Bridge to Cossick Cross. If you were to include either the Haytor climb or the Trendlebere Down/Manaton climb it's best to do it anti-clockwise. The Teign Valley circuit is ideal as a quick spin if you've just arrived in the area and unpacked the bike!

START & FINISH	Moretonhampstead SX753860
DISTANCE	24 miles
ASCENT	1,700 feet
ESTIMATED TIME	
At 12mph	1h 42m
At 14mph	1h 30m
At 16mph	1h 20m

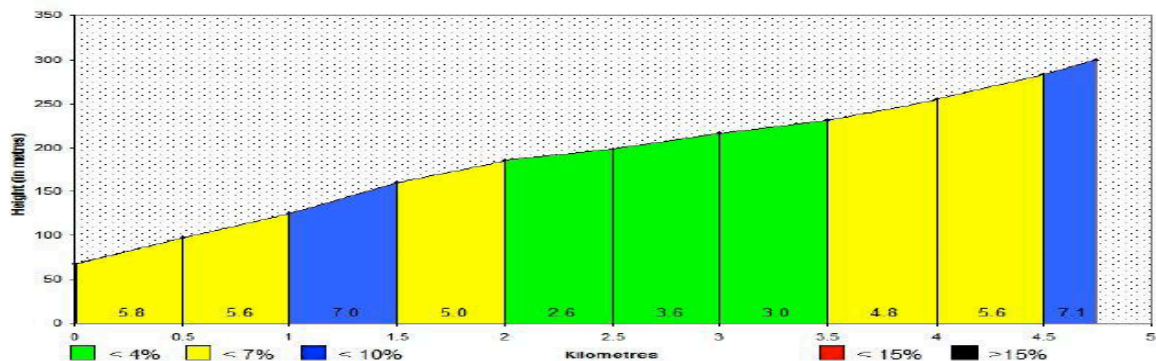
DIRECTIONS	DISTANCE (m)
Leave the town on the A382 south towards Bovey Tracey and after 6.5 miles turn left, 1st exit, at the roundabout onto the B3344.	6.5
Follow this road for three and a half miles and then turn left onto the B3193, the Teign Valley Road.	10.2
Along the Teign Valley for nearly 8 miles avoiding all side roads.	18
At the junction with the B3212 turn left and after another mile cross Steps bridge and begin the climb (see profile on the next page).	19
Cossick Cross just fails to make 1000ft, but it's close! Descend and then make the super short 20% ramp around the bend into Moretonhampstead. Job done.	24



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Doccombe East



THERE ARE TWO CAR PARKS IN MORETONHAMPSTEAD TOGETHER WITH CAFES, PUBS AND PUBLIC TOILETS. IT'S A GREAT PLACE TO STAY AND ALSO THE STARTING POINT FOR A NUMBER OF CHALLENGING RIDES FOR YOU TO ENJOY!